

# EMOTIONAL DAMAGES

A single pen stroke that  
can make or destroy you.



PRADEEP SONU KIRPALANI

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# **Dedicated to my beloved parents**

Kiran Kirpalani and Sonu Kirpalani

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# Introduction of the Author

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**M**r. Pradeep S. Kirpalani is a master in the field of Graphology with the credit of having trained a number of Graduates who have passed out through Handwriting University International, USA. He also holds the credit of having the maximum number of Mentors and Trainers in his Team.

He is based in Pune, India and has a network of students trained by him all over the world. He is a Handwriting Analyst, Graphotherapist, Author, Trainer and Counsellor. He is the creator of the widely accepted book in India and Singapore ‘Mind Programming through Handwriting Improvement for Children’. He is also the author for the book ‘Handwriting – Your Unique Font’ and has also created the ‘Mind Reading Cards’ and the ‘Signature Analysis Pack’ for the everyday layman to help him or her understand Graphology as a beginner.

He also has many copyrights and patents in his name.

## **His Journey...**

Wayback in 1998, he was a student of Chartered Accountancy (CA). He had chosen this field purely based on his meritorious performance in school and some aptitude tests. Moving ahead in this journey, he realized his inclination towards teaching and mentoring people in the area of human development and transformation. He had his own coaching classes even before he had completed his Matriculation and did very well as a tutor. This innate quality resurfaced during his CA days.

However, destiny had a blueprint prepared like it is for most of us. He failed at the CA intermediate level five times on the trot. This became the reason for him to seek answers to questions for which a serious self-analysis was needed. It was at this stage that he used the powerful tool of self-analysis through handwriting and realized what he was actually cut out for.

This was the time when he started visiting and revisiting his Graphology school where he realized his potential to be a good handwriting analyst and an excellent Trainer. From 1998 till December 2001 he did a lot of analysis of handwritings of people from different walks of life purely to get a deeper understanding of the science of Graphology.

In January 2002, he started his professional practice as the Founder Director of Renovision Management Consultants and there he touched the lives of thousands of families through his analysis, counselling and training. In 2008, he got certified by none other than Bart Baggett, President of Handwriting University International, USA and since then is a Lead Trainer.

Today, it's been almost a decade and half into this journey and he is an International Director with Handwriting University International and has a team of Graduates, Mentors and Trainers across the world. He is an Author and a life Transformation Guru.

# Vision

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***The one year transformation training is imparted with a vision of enabling the student to not only understand the various personality traits as per the science of Graphology but also do a self-analysis by using the scientific tool of Handwriting Analysis.***

In this training through every single training session, we touch various shades of our personality such as our emotional responsiveness, social aptitude, emotional intensity, physical drives, hidden fears and defense mechanisms, success traits, criminal tendencies and a lot more. This training is based on the work of Dr. Ray Walker and taken to a completely different level by the untiring efforts put in by Bart Baggett himself.

There have been various schools of Graphology across the globe; however, the system created by Bart Baggett is the most systematic, authentic and well-designed system of learning the science of Graphology.

This system eliminates all the unnecessary strokes and presents only the well-researched strokes making it the most accurate system of Handwriting Analysis which is accepted worldwide.

On completion of this one year training, a student is granted an authentic certificate by Handwriting University International, USA. It opens various part-time and full-time career opportunities for people from all walks of life.

# My Story

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Since childhood I was always a shy, introverted, frail, yet a very intelligent child. I was blessed to be a part of a very cultured and educated family. My parents always supported me and gave me the best upbringing which was full of core human values. I grew up seeing my parents as simple people who had high aspirations but never compromised on their ethics and moral values. I always looked up to them for their honesty, integrity, dignity and simplicity. This led to me and my elder sister emulating these values as part of our personalities at a subconscious level. During my teenage, I remember having asked my father about how would these human values help me in having a successful career. His answer was something that inspired me beyond words.

Despite having such strong values I had some fears within which I could never figure out. I was very intelligent as a result of which performed well in my school and was known for a good academic performance. I had qualities like fluidity of thought, memory retention and there was also a fantastic sports person within me; however, I was not able to do justice with myself and somewhere used to feel a deep vacuum. Because of this, I was never able to showcase my real talent and was unable to catapult myself to the next level. I started feeling ignored and developed lot of emotional disturbances as well. As you can sense from this, I was terribly confused at an emotional and mental level. In this state itself, I took a decision of taking up Chartered Accountancy



as a career. During my academic journey of CA, I just missed the all India merit list by a whisker at the foundation level and then during the intermediate level, I, for the first time in my life, failed 5 times on the trot. This was the time when I was badly shaken up. It was during this period of pain and agony that I came across the science of Graphology. Something within pulled me towards the science and that's where I began my journey in this field. On learning the science I did my own handwriting analysis and a number of personality traits popped up. These traits such as emotional withdrawal, fear of ridicule and fear of success were the root cause of the challenges that I was facing. The day I truly realized what was going wrong and had an open hearted talk with my parents, I found the way out and my journey towards my personal transformation began. I decided to quit CA and pursue my dream in the field of teaching and training. By that time, the science of Graphology had made a profound impact on my soul. And today, after 14 years I stand tall as a world renowned professional Trainer, Counsellor, Mentor and an Author. The credit to my overflowing success goes to this science of Graphology, the core values of my parents, love and respect of my Renovision family and the unconditional support that I received from Bart in transforming into what I am today!

# Definition of Graphology & Graphotherapy

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## What is Graphology?

Graphology is the science. It is the study of the subconscious mind through the pen strokes.

## What is Graphotherapy?

Graphotherapy is a therapeutic process of assigning positive pen strokes to bring about positive changes in the personality which is to be practiced over a period of 21 days.

# The d Factor

# d

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**I**n Indian Graphology, the lower case letter **d** stands for physical self but when I say physical self, it is not just about the physical body. I repeat, the letter **d** stands for physical self but it does not necessarily mean only the physical body. Let's understand what it means. This body came through whom? Through our parents. So, the letter **d** in my handwriting also talks about my connection with my parents. At the same time, the letter **d** throws light on the person with whom I soulfully, spiritually and physically share my body and that person is my spouse. Are you following me? My body is what I would see through the letter **d**. Besides that, I will also see my parents because this body was created through them. It is a result of their unison. Furthermore, my letter **d** also talks about my spouse because I share my body with her. That's why I said that letter **d** is not just about physically giving oneself, but a soulful and spiritual relationship which transcends into a physical relationship – the kind of relationship through which we give birth to our children. So, through our **d**, we also see the relationship with our children. As a result, this is one unique letter that talks about the past, current and future generations and the way you write your **d** signifies (when I am talking about a relationship, I am talking about the physical aspect) health related

factors. So, when I see the letter **d**, it helps me identify possible health issues in the person.

Through Graphotherapy, if there is something going wrong between you and your parent/spouse/children, we can treat you; in fact, we can help improve this relationship through one single letter. Now there is no masterstroke involved in it i.e. there is nothing called the perfect **d**. When I talk about the physical factor or physical self, it is imperative to understand that to maintain our body ( and for that matter for our parents, spouse and children) and for us to maintain all these relationships at this level, we need to provide them with the basics of survival which we all know as food, clothing and shelter. Now this could sound amusing or amazing to different people. Your **d** also reveals whether or not you are getting your food with dignity and also how much you value that food. Moreover, this letter also shows if you have gratitude for the clothes that you wear and for the roof above your head. Some people are full of arrogance with respect to these basic necessities and we can see that in the letter **d**. Now you know why the letter **d** is supremely important!

# The d-Claw Explained

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**N**ow I have a question for you. After understanding about the letter **d** and what it represents, let's get into a small situation. Imagine you have done something wrong, something very bad, so bad that it has hampered your relationship with your parents. Here what I am saying is that it has hampered your relationship with your **d**-factor. What are the relationships seen in the **d**-factor? Your parents, your spouse, your children and here I would add one more important relationship that is your Guru or Mentor, somebody you always look up to, right? But what happens when you have done something that has disturbed your relationship with your parents, spouse or your children or even your Guru for that matter? What happens when the relationship goes sour? They don't want to talk to you because you have offended them. They are hurt and terribly upset. They don't want to see you. They are not interested in any kind of interaction whatsoever. If they can't avoid your presence, at best they will just ignore you. What would you do in such a situation? Let me ask you again, if you know they are upset because of you, how would you deal with it? Leave it as it is? Never! You would apologize relentlessly. You would confess with a heavy heart and admit to them that you did something wrong. However, what if your apologies fall on deaf ears and the other person is still stone cold, unmoved without a single word after your confession? Maybe you will apologize again with much more intensity and

realization. If she is still unmoved, you would try once more. I know this sounds very sentimental and emotional but then there are those relations in our **d**-factor for which we move heaven and earth for keeping them harmonious and unconditional. Despite all the sincere apologies numerous times if you are not forgiven and you are treated as if you have committed an unforgivable crime, how would you feel? That's the stage where unbearable stress is created deep within. That's when a **d-CLAW** is born. The emotional damage is done.

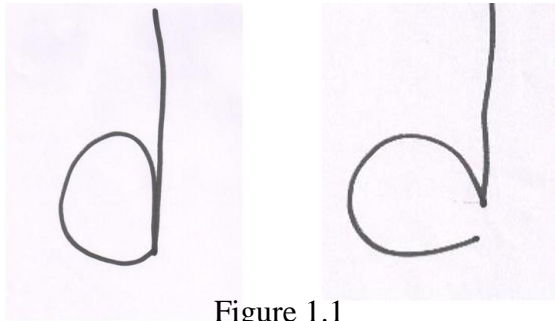


Figure 1.1

(Please see the figure 1.1).

Let's follow the stroke formation. It starts from the top and on reaching the line of reality (baseline) it suddenly and abruptly moves to the left forming an angle (a stress point). As it moves towards the left it makes a soft formation.

The down stroke in our handwriting expresses a lot. There is some psychological effect over here which has been carried forward or brought down to the mundane (emotional area). This is the area where this person stays for some time without lifting

the pen. He stays here with some jitters, deep within he says “I am sorry, please forgive me” but that’s not happening. It’s a kind of emotional trauma forcing him to travel back in the past reliving the pain in the process of moving further towards the right or in his future. As a result, he is unable to lift the pen which shows the connection and the deep impact. This is the stage when he surrenders to the emotional stress and thereby develops a **d-CLAW**. This is the state of unbearable emotional pain or stress.

Definition of Claw: It is a sudden, abrupt, soft movement towards the left.

# Emotional Pain

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**T**his feeling is very painful and handling this person with compassion is very important. As he has a deep feeling that he has hurt somebody so close to him, so dear to him, that's when he starts feeling deep resentment. When I say deep resentment, what does that mean? He feels there is a lot of injustice going on. Now what is the injustice? Injustice is the Parent/Guru/Children not forgiving him. That is the perceived injustice which he is feeling. Simultaneously, he feels deprived of love and affection from the parent and as a result, deep within he starts feeling unworthy. Put yourself in that position for a moment. Someone who is so close to you is not talking to you or does not want to see you. Do you think that you would feel like eating? Or sleep comfortably? Will you feel relaxed? Would you be able to go about any of your routine activities peacefully? At this moment the internal dialogue of this emotionally damaged person would be, "Fine, neither you love me nor you want to talk to me, go to hell!" Can you say this to your dear one? Probably not. In the spur of the moment, you might. However, deep within you do care.

This person converts this deep resentment into some kind of physical aggression. It's in this moment, where it starts getting on his nerves and he loses his cool and that's when the emotional damage leaves its mark and his internal dialogue becomes "Enough is enough! I cannot take it beyond this". With this damage within, some kind of negative energy is generated and as



this is seen in the letter **d** which represents the physical self, this negative energy is not just emotional but also physical in nature.

This singular pen stroke in the letter **d** can lead to an emotional damage of such gigantic proportions that it can possibly result in him turning out to be physically violent or abusive. This emotional damage can force him into rash driving or indulging in some physically demanding activity like driving heavy vehicles, excessive workout at the gym for long hours, etc. He is not burning his calories here; in fact he is burning himself.

# Converting Pain into Passion

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If the negative energy of d-claw is given the right channelization, this person can convert his pain into passion.

Let's see an example of that. Imagine along with the d-claw if this person also has a high self-esteem, in fact a very high self-esteem, optimism, dignity, a healthy ego, self-reliance/ leadership, etc., then this person ideally will not allow the physical aggression to move in a negative direction because his dignity will not allow him to do something wrong. All these positive personality traits will actually help him in making a mark in the society through his performance, thereby, converting his pain into passion.

Now let me explain this properly. He does not want to react. What he wants to do is very simple. His inner dialogue is, "Mom, I am the reason for pain in your life, I am the reason for all your sufferings, now I will ensure that I perform with all my heart and soul and become the best. I would stretch myself to reach those heights of success which will lead to you really feeling proud of me".

On the other hand if the handwriting shows traits like sensitivity to criticism, resentment, dual personality, aggressiveness, self-castigation, etc., then probably this **d**-claw could force him to choose the negative path to self-destruction. Also, if his physical

aggression is not channelized in the right way at the appropriate time, he can even go to the extent of becoming a criminal. He can kill others because that energy needs an outlet, be it in a positive or a negative manner. It's like a dam which is overfull and as soon as you open the flood gates, it gushes out and wreaks havoc.

With proper handling and positive pen strokes a person ***with d-claw can also create history in the positive sense and be a role model.***

# Solution for d-Claw

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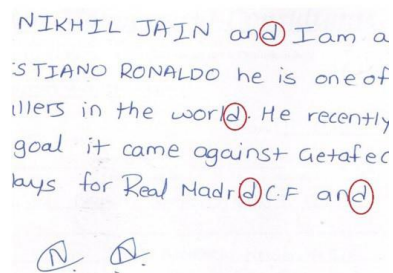
**A**s we now know the root cause of this pen stroke that can make or destroy a person's life, let's understand why being lightheaded within like a child is the best solution. The simple reason is that childlike energy is better than a negative mind. This makes you feel light. This makes you feel better. Let's consider the example of a balloon. When you blow air in a balloon, what you are doing is, you are filling this balloon with positive air, a positive energy, a positive aura and you are setting it free and you are allowing it to rise.

We spoke about the root cause for **d**-claw. The root cause was that the person was not forgiven. At this stage, let's ask ourselves a few questions. Who on earth has not done anything wrong? Who would measure what was the intensity of your mistake? These questions are not only of a person having a **d**-claw, it could be anybody. The only way a person with a **d**-claw can be handled is through compassion. What was happening with him? He is plagued with deep resentment, physical aggression and self- torture. Were these negative emotions helping him? Were they giving him a direction in life? Were they helping him grow as a person at a spiritual level? Were they improving his health? Definitely NOT!!! On the other hand, love, compassion, forgiveness, unconditional acceptance, appreciation, etc. can be the best way to handle him.

# Graphotherapy – A Scientific Solution

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Here let me introduce you to one of the most amazing and scientific tools of personal transformational in the form of GRAPHOTHERAPY. I personally have been practicing as a Graphotherapist for the last 15 years now. I have a 23 year old gentleman as my client. He had a **d**-claw in his writing. (Please refer to figure 1.2). He had some kind of issues with females and when he came to us he had a lot of negative energy and also anger at the opposite gender. As explained earlier, the solution for **d**-claw is compassion, right direction and genuine love. This is exactly how we handled him and directed his physical energy towards competing in the intellectual area and as a result, today, this man is a Certified Handwriting Analyst & Graphotherapist from Handwriting University International USA and is no longer a pain in the neck for his near and dear ones. But the cherry on the cake is that he developed a healthy and respectful relation with females today! That's the life transforming power of Graphotherapy.



NIKHIL JAIN and I am a  
STIANO RONALDO he is one of  
illers in the world. He recently  
goal it came against Getafec  
kys for Real Madr C.F and

The image shows a handwritten sample of text. The word 'and' is circled in red, highlighting a 'd-claw' in the letter 'd'. Below the text, there are two small diagrams: the first shows a 'd' with a red circle around its stem, and the second shows a 'd' with a red circle around its bowl. These diagrams illustrate the 'd-claw' and its correction.

Figure 1.2

# Few More Samples of d-Claw

to book 20 years at the top  
 in The man who saw  
 to singer Lata Mangeshkar  
 actress Madhubi Dixit  
 to news reader Sportstar  
 to T.V. show world this

Birthday 24th April 1973  
 Favourite food Chicken - Mad (Chicken)  
 Favourite sports Tennis  
 Favourite batsman Sunil Gavaskar (I like all batsmen)  
 Most memorable moment (When India won the presidential cup)  
 Most difficult border Richard Hadfield's room (1988)  
 Favourite ground Wankhede Stadium (Bombay)  
 Most awkward moment —  
 Favourite book 20 years at the top  
 Best film The man who saw Tomorrow  
 Favourite singer Lata Mangeshkar & Kishore Kumar  
 Female actress Madhubi Dixit  
 Favourite news reader Sportstar  
 Favourite T.V. show world this week  
 How about your family? They always ask for my photographs and letters.  
 Most interesting/unforgettable school My Birt  
 Favourite sport other than cricket Table Tennis  
 Favourite city Bombay  
 The teacher I admire most Mr R.V. Achkar.  
 and why because he never tried to change anything.  
 any message to National game.  
 Influence of your father? Inspires me.  
 Do you miss family & friends on tour. very much

*Madhubi Dixit*  
*Madhubi Dixit*

# Closing Thoughts

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**T**hrough this short book I have thrown light on just one pen stroke in the handwriting. However, our handwriting is a combination of many pen strokes, shapes and sizes with an infinite number of permutations making every individual have a unique handwriting. Research says that only 1 in 68 trillion handwriting samples match.

We all go through a number of experiences in our life span, some of which result in major emotional damages. I personally believe that FORGIVENESS is one of the best gestures to help yourself and others to live a peaceful and happy life. Having helped many individuals with **d**-claw and other challenging personality traits over the years, I have realized that each one of us needs UNCONDITIONAL ACCEPTANCE and an opportunity in become a better human being by learning from our mistakes.

Through handwriting analysis we have not just experienced changes in ourselves but have been blessed with numerous opportunities to help many others in different parts of the world.

# Contact Us

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To get an in-depth analysis of your own handwriting and also experience the power of Graphotherapy along with having your signature redesigned or to get trained in the field of Graphology, please book an appointment with the Author.

To book an appointment please  
visit: <https://calendly.com/pradeepkirpalanii>

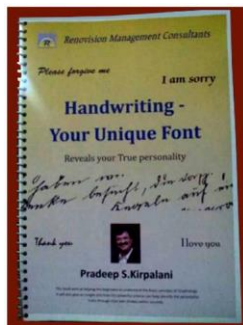
Email us: [renovisiongraphology@yahoo.com](mailto:renovisiongraphology@yahoo.com)

Please visit us at: <http://www.pradeepkirpalanii.com/>

Thank you so much for reading this book. I hope you had your own personal breakthrough and I sincerely look forward to making your life better. Please visit us on the given links above. Without any further delay please reach out to us. This one decision could be your turning point in life. Your journey towards personal transformation has already begun!!



A decorative horizontal line with a repeating wavy pattern, located at the bottom of the page.



# Our Services

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- 1. Signature Redesigning**
- 2. Handwriting Analysis & Graphotherapy**
- 3. Graphology Training (Indian System)**
- 4. 301 Level Professional Certification- HUI, USA**
- 5. Mind Programming through Handwriting  
Improvement for Children**
- 6. Logo Consulting**
- 7. Seminar for Corporates**
- 8. Handwriting Analysis for Recruitment**
- 9. Corporate Training**

# EMOTIONAL DAMAGES

This book is based on a Single handwriting stroke that can potentially make or destroy lives. As a handwriting analyst, its imperative to stack various personality traits to bring about a complete and accurate personality of the writer. So, the pen stroke described in this short book also needs to be weighed against other traits in the person's writing to get a clear picture if its MAKING or DESTROYING your LIFE.

Pradeep S. Kirpalani is the Founder Director of RENOVISION MANAGEMENT CONSULTANTS, PUNE, INDIA practicing as a Handwriting Analyst for last 15 years. He is also a Certified Handwriting Analyst who has been trained and certified through the Handwriting University International Curriculum. Pradeep Kirpalani has the full approval and is authorized to train, mentor, consult, as well as sell and deliver the core curriculum of Handwriting University programs. He is the 1st person globally to earn the position of an International Director with HUI, USA. There are only a select few authorized resellers and Authorized Trainers in INDIA. Pradeep teaches local classes and supports students worldwide via Skype and live tutoring and is the recipient of the BEST INTERNATIONAL TRAINER AWARD for the year 2015 and 2016. Plus, if you purchase the course from Pradeep, you will get the exact same course as Handwriting University sells... and personalized mentoring throughout your education. Once complete, you can take your final exam and you can become certified through Handwriting University USA. He has created the highly acclaimed book "MIND PROGRAMMING THROUGH HANDWRITING IMPROVEMENT FOR CHILDREN". In the last 15 years he has transformed thousands of lives through his skill as a soul touching trainer.



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